



## About Josey Vogels

[www.joseyvogels.com](http://www.joseyvogels.com)

Syndicated sex and relationships columnist, blogger, author, TV and radio host, Josey Vogels is often referred to as "The Carrie Bradshaw of Canada."

She has penned three syndicated sex and relationships columns -- *My Messy Bedroom*, *Dating Girl* and Metro Newspaper's *The J Spot*. She is also a regular blogger on several website including Yahoo!Canada Lifestyle.

Josey has written five books on sex and relationships, including her most recent, *Beside Manners: Sex Etiquette Made Easy*, and is currently at work on her sixth. Her fourth book, *The Secret Language of Girls* was made into a documentary she co-wrote and hosted.

She brought her fresh and frank take on matters of the heart to her Gemini-nominated TV series *My Messy Bedroom* (described by the media "Sex and the City, but with real women with real sex lives.") and to her CBC Radio One series *Between You and Me*

Josey's expertise is sought out regularly by media outlets across Canada and the U.S., including The Globe & Mail, Glamour, Cosmo, Flare, CBC Radio and Television, ET Canada, MTV, MuchMoreMusic, The W Network, Slice Network, among others.

Josey's trademark is her ability to mix cutting edge research, practical advice and biting wit together with a no-nonsense approach to the mysteries and pleasures of sex, love and relationships. Often talked about and widely debated, Josey Vogels is one of the most original and compassionate voices in her field.

*The Globe and Mail* described her as "...far more raw than Dr. Ruth and infinitely less clinical than Masters and Johnson...what really distinguishes her from the endless reams of trash writers is the personal nature of her writing."

The *Montreal Gazette* described Josey's writing style as "funny and irreverent but always respectful."

*Entertainment Weekly* described her third book, *Dating: A Survival Guide from the Frontlines*, as "a compelling combination of breezy advice and real-life horror stories."

She was nominated for The Women's Sexual Health Foundation's first ever Media Award granted to someone who has broadened the knowledge and understanding of women's sexual health disorders and related health concerns in an accurate, balanced and sensitive way. A popular speaker at colleges and universities across Canada, the Canadian Organization of Campus Activities nominated Josey "Lecturer of the Year."

Josey has a degree in Journalism and Communications from Concordia University in Montreal.

She laid the groundwork for her future career as a sex and relationships columnist cruising around rural Ontario as a teenager listening to AC/DC, and basically giving her parents and even brothers and sisters plenty to worry about.